



in[sight]

A profile of the influential individuals, companies and partnerships driving the interior design industry forward

ex[rated]

Inex showcases striking exterior installations and products that blend cutting-edge design with practicality

in[spire]

Helping professionals to keep abreast of trends, this focus highlights styles in texture, pattern and tone

ex[pose]

Inex unveils the greatest iconic furniture pieces still prevalent in today's contemporary design world with a modern twist

Details in the fabric



With the winter months soon upon us, we look towards the bedroom as a safe retreat of warmth, comfort and tranquility. Here, industry experts discuss how to successfully create a room that oozes relaxation.

We are fast approaching the season of long nights and cold months, which will no doubt make the bedroom an appealing location for much needed rejuvenation. But with so much fabric and surfacing in one location – from bed linen and soft furnishings to wallpaper and curtains – achieving the perfect balance between pattern, tone and texture can become complicated.

Nicky Mundie, Director of design studio Violet & George, explains how to use different textiles to achieve an on-trend bedroom design:

"The priority when designing a bedroom is to keep it calm, comfortable and relaxing. In most areas of the house asymmetry often creates a bold statement but when it comes to the bedroom symmetry creates calm."

"You may be happy to layer patterns elsewhere in the house but when it comes to the bedroom keep patterns restricted or muted. There are several ways to do this but most notably use the same pattern over and over again so that it becomes background noise."

Established in 2009, Nicky Mudie set up Violet & George as a response to the lack of originality and creativity in soft furnishing design. Nicky's passion for textiles within interiors has led to the great success

Above: The bedroom in this Interior Decoration project by Violet & George adheres to Nicky's rule of calm symmetry
Right: The same Notting Hill project matches subtle patterns and monochrome shades



of supplying cleverly designed soft furnishings and the finishing touches to homes both in and around London and internationally.

"If you want to use a very bold or colourful pattern put it behind the headboard so that it creates a feature of the symmetry of the bed and bedside tables," she explains.

"If you are keen to have a very calm room bring pattern in on the dress cushions only - these will be moved out of the way when it comes to bedtime.

"Bedding should be plain and neutral with colour, texture and pattern brought in as a feature behind the bed, on the curtains, cushions, rug or an occasional chair."

Kristina Lindhe, Creative Director at domestic fabric and interior accessories expert Lexington, adds:

"I am crazy for fall and I easily



Left: This project by Violet & George makes the most of bold and vibrant colours and complementing patterns

Above: Washed Diamond Sham, Country Checked Flannel Bedding and Authentic Jeans Bedding by Lexington

fall in love with it. You could call me a bit of a fool for fall, but I really do love the colors and the possibilities of creating a cozy feeling with all the different materials and products for the season. To snuggle up in flannel bedding, to wrap myself in a soft wool throw or take the last opportunity for dining outside makes me very happy."

Founded in 1997 by Swedish husband and wife team Tommy and Kristina Lindhe, Lexington takes American east coast spirit and combines it with the freshness of vivid colors and patterns to produce a single style multi-category business. The patterns for this season's new collection are inspired from old classical American prints.

Kristina continues: "For this season we have a very sophisticated and elegant manner of styling the master bedroom with white and gray in our high quality sateen. It has a masculine touch, both in design and in quality. This season create all these possibilities using great quality and beautiful colours."

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